

Boston Bay Mussels 1 & 2 kg Pot Ready Mussels

Australian Blue Mussels (*Mytilus Galloprovincialis*)

1KG BAG SPECIFICATIONS

- 12 x 1kg per carton
- 62 cartons per LD3 airfreight container

2KG BAG SPECIFICATIONS

- 7 x 2 kg per carton
- 62 cartons per LD3 airfreight container

SHELF LIFE

- 10 days from processing
- Store chilled between 0°C and 4°C

SIZE SPECIFICATIONS

June – October: 40-55 pcs per kg, MCI - 38 – 45%

October – February: 35 – 45 pcs per kg, MCI – 35 – 40%

February – May: 30 – 40 pcs per kg, MCI - 35 – 40%

*MCI = Meat to Shell ratio

Disclaimer

Allergen statement: Contains shellfish.



PROVENANCE

Grown in Port Lincoln, South Australia.



NUTRITIONAL INFORMATION

Serving Size 150g	Per 100g
Energy	438 kJ
Protein	16.0 g
Fat	
- total	2.3 g
- saturated	0.6 g
- trans	<0.1 g
- polyunsaturated	1.2 g
- monounsaturated	0.3 g
Carbohydrate	5 g
- sugars	<1 g
Fibre	0 g
Sodium	353 mg
Iron	3.0 mg
Iodine	270 µg
Selenium	96 µg
Omega 3 fatty acids	
-total	1150 mg (49%)



CONTACT